EDHS 224/524 Substance Abuse in Society: Fall, 2004

Ruffner Hall Auditorium (Rm. G004A), Curry School of Education
Web Site: http://toolkit.virginia.edu/EDHS224-1
EDHS524-1

Instructor: Kevin Doyle, Ed.D., LPC, MAC
(434) 974-0997 E-Mail: ksd3c@virginia.edu

Class Meeting: Mondays, 7:00 to 9:45 p.m.

Office Hours: By appointment, Monday 6:00-7:00 p.m. available
Ruffner Hall, Room 168 (mailbox in Ruffner 169)

Graduate Assistants:
Casey Crosthwait E-Mail: cec3v@cms.mail.virginia.edu
Mary Rogers Quillen E-Mail: mrq7k@cms.mail.virginia.edu

COURSE DESCRIPTION

This course will focus on the effects that substance abuse has on our society. The goal of the course is for students to understand the ramifications of substance abuse as it affects various aspects of their lives, regardless of whether or not they have personal issues with substance abuse. What we do as a nation and how we devote our resources, time, and attention to these issues has a great influence on many aspects of our daily lives and impacts many of the issues facing our country now and in the future.

Through readings, lectures, and research, students will gain the knowledge necessary to read beyond the headlines and rhetoric of the “war on drugs” and leave with an understanding of substantive problems associated with substance abuse.

Most class meetings will begin with an outside speaker and opportunities for questions/answers, to be followed by a break, and conclude with a lecture presentation on some element of substance abuse/addiction.

COURSE OBJECTIVES

At the end of this course, students should be able to:

- Describe the health risks inherent in using and abusing drugs
- Describe important strategies currently used to prevent drug abuse
- Describe some important treatment modalities
- Understand the dynamics of intervention, treatment, and recovery
- Describe the role and recent contributions of the legal/law enforcement system
- Articulate in writing thoughts and feelings related to drug use and abuse
COURSE REQUIREMENTS

Required Readings: As assigned

Supplemental Readings:
• *The National Drug Control Strategy (ONDCP)* (available at [www.whitehousedrugpolicy.gov](http://www.whitehousedrugpolicy.gov))

Assignments:

• **Personal Drug Philosophy Paper:** The drug philosophy is a statement about your personal “relationship” with alcohol, tobacco, medications, illicit drugs, and (as applicable) to others who use drugs. The purpose is to encourage critical thinking about your drug-related values and how your values influence your behavior. Your philosophy should address EACH of the following:
  
  A. Whether you **choose** to use any of the above drugs (why or why not?).
  B. What **guidelines or rules**, if any, you have for your own use.
  C. How you **relate** to others whose choices differ from your own.
  D. A description of **people or events** that influenced your philosophy.
  E. How you would **confront** a friend or family member whose drug-using behavior concerned you.

  Your philosophy should be based on **accurate information** about the substance or substances to which you refer, rather than myth, hysteria, or illogical bias. Due to its private nature, this paper will be graded blindly. Brief segments of selected papers will be presented to the class without identifying information to facilitate class discussion. The cover sheet should be the only page with student identifying information. Successive sheets should contain the last six digits of your ID number (ex: 45-6789 if your ID number is 123-45-6789). Paper length: 3 pg. minimum and 5 pg. **maximum**, typed and **double-spaced**, and stapled. **Due: Sept 20.**

• **Course Project:**

  Specific details about the course project will be provided on a separate handout and on the class web site. Up to four individuals (224 course only) may work together on a project relating to some element of the substance abuse/addiction issue. A one-page description of the proposed project to include the names and signatures of all participants, and the format the project will take, will be due on **Oct. 18.** This sheet can be downloaded from the course website and **must be attached** to the final submission. **Projects due: Nov. 22.**
• **Midterm and Final Exams:**

  The midterm and final examinations will be multiple choice tests. A review for each will be held in the class prior to each exam. Students should bring two #2 pencils to each of these exercises. The midterm will be on **Oct. 25** and the final will be on **Dec. 13**, during the usual class meeting time.

**Attendance/Participation:** Attendance is expected for the full class, and participation is highly encouraged. Our guest speakers are giving their time and expertise to facilitate student learning. Please treat them with courtesy and respect. Most will offer an opportunity for a question/answer period. Please take advantage of this as it can only help your learning (and your participation grade).

A brief reaction paper will be required at the conclusion of each class relating to a topic covered that evening, or another topic of the instructor’s choosing. Papers should be neat, appropriate, thoughtfully composed, and include the writer’s name clearly written. These will be used both for attendance purposes and for extra credit as warranted. All students are required to complete the course evaluation at the end of the semester. Completion of this will be assessed on the final exam.

One **unexcused** absence will be permitted. Each additional unexcused absence will result in up to a letter grade reduction in the participation grade for the course. If you will be unable to make class due to illness, family emergency, required athletic participation, unavoidable travel, etc., please e-mail the instructor, prior to your absence if possible.

**Class Norms:** Due to the large class size, students are requested to comply with the following class norms. Please turn off cell phones and pagers during class, unless you have a personal emergency. Please be respectful of both your fellow students and of class speakers, particularly visitors. Sleeping in class is never appropriate, particularly when there is a guest speaker. Please take all trash, newspapers, and extra handouts from your seating area at the end of the class period. Please move to the center so that those arriving late can find a seat on the end of a row. Please do not sit on the floor at any time. Violation of these norms will result in a lowering of the participation grade.

**Anonymous Feedback:** The anonymous feedback feature of the Toolkit system will be activated. Comments are welcome, but should be constructive, relevant, and appropriate in tone. This means of communication is provided for ease of student communication (as well as anonymity), but is no substitute for personal meetings with the instructor or teaching assistants.

**Electronic Mail:** Messages to the class may be sent periodically, and students are advised to check e-mail for updates such as schedule changes, etc. It is your responsibility to inform the instructor or graduate assistant if you use an e-mail account other than your UVA account or to change it using the toolkit system.
Extra Credit: Opportunities for extra credit will be presented during the course of the semester. Generally, attending an outside presentation relevant to the course topic and writing a one-page reaction paper will qualify. Particular topics or presentations should be brought to the attention of the instructor prior to their occurrence. Up to two extra credit activities per semester are permitted.

Miscellaneous: Your instructor and his family enjoy attending events in which you participate. Please feel free to pass on information/schedules of sports, plays, performances, etc., including whether young children (and faculty) are welcome. Please include time, date, and location.

Graduate Students (EDHS 524): Please remain after the first class to discuss additional assignments and expectations.

COURSE GRADING (224 Section)

- Personal Drug Philosophy Paper 10%
- Midterm Examination 20%
- Class Project 30%
- Final Examination 30%
- Attendance/Participation 10%

COURSE CONTENT AND TENTATIVE SCHEDULE
Note: Guest lecturers occasionally must cancel or reschedule due to unavoidable conflicts. Students will be informed of this in class or via e-mail as soon as possible.

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<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Readings</th>
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<tr>
<td>9/6</td>
<td>Welcome/Introduction/Review of Syllabus</td>
<td>Goldberg, Ch.1</td>
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<td>Overview of Class Home Page</td>
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<td>Videos: Finding Out, Building Resiliency in Youth</td>
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<td>9/13</td>
<td>Local Law Enforcement</td>
<td>Goldberg, Ch. 2, 4, 16</td>
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<td>Guest Lecturers: Officer Rick Sandridge University Police, University of Virginia</td>
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<td>Overview of Community Prevention, Terminology, Definitions, and Evaluation</td>
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<td>9/20</td>
<td>Alcohol on Campus</td>
<td>Goldberg, Ch. 3</td>
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<td></td>
<td>Guest Lecturer: Dr. James Turner, Executive. Director Student Health, University of Virginia</td>
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<td>Media Prevention Strategies, discussion</td>
<td>National Drug Control Strategy (<a href="http://www.whitehousedrugpolicy.gov">www.whitehousedrugpolicy.gov</a>)</td>
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9/27  Global Law Enforcement  
Guest Lecturer: Steve Griswold, Senior Special Agent, U.S. Drug Enforcement Administration  

The National Drug Control Strategy  
Video: 27th and Prospect

10/4  Prevention: Social Norms Approach  
Guest Lecturer: Susie Bruce, Director, Center for Alcohol and Substance Education (CASE), UVA  

Discussion of Drug Philosophy Papers

10/11  Fall Break: No Class

10/18  Concepts of Addiction, Alcohol Abuse and Alcoholism, Part I  
Pharmacology Video: Drug Abuse and the Brain (NIDA)  

Midterm Review

10/25  Alcohol Abuse and Alcoholism, Part II  
Midterm

11/1  Marijuana: Medical Use or Drug of Abuse?  
Guest Lecturer: Mary Lynn Mathre, Patients Out of Time  

Overview of Illicit Substances: Narcotics, Marijuana

11/8  Overview of Illicit Substances: Stimulants  

Overview of Illicit Substances: Hallucinogens and Inhalants

11/15  Nicotine Addiction and Tobacco-Related Issues  

Intervention and Addiction Treatment I

11/22  Addiction Treatment II, Alcoholics Anonymous, & Other Self-Help Groups
Improving Access and Retention in Treatment

www.niatx.net

11/29 The Experience of Recovery from Addiction
Guest Lecturers: “Recovery Panel”

Discussion of “Recovery Panel”

Projects Due and Project Presentations Begin

12/6 Project Presentations and Final Exam Review

12/13 Final Examination, 7 p.m.